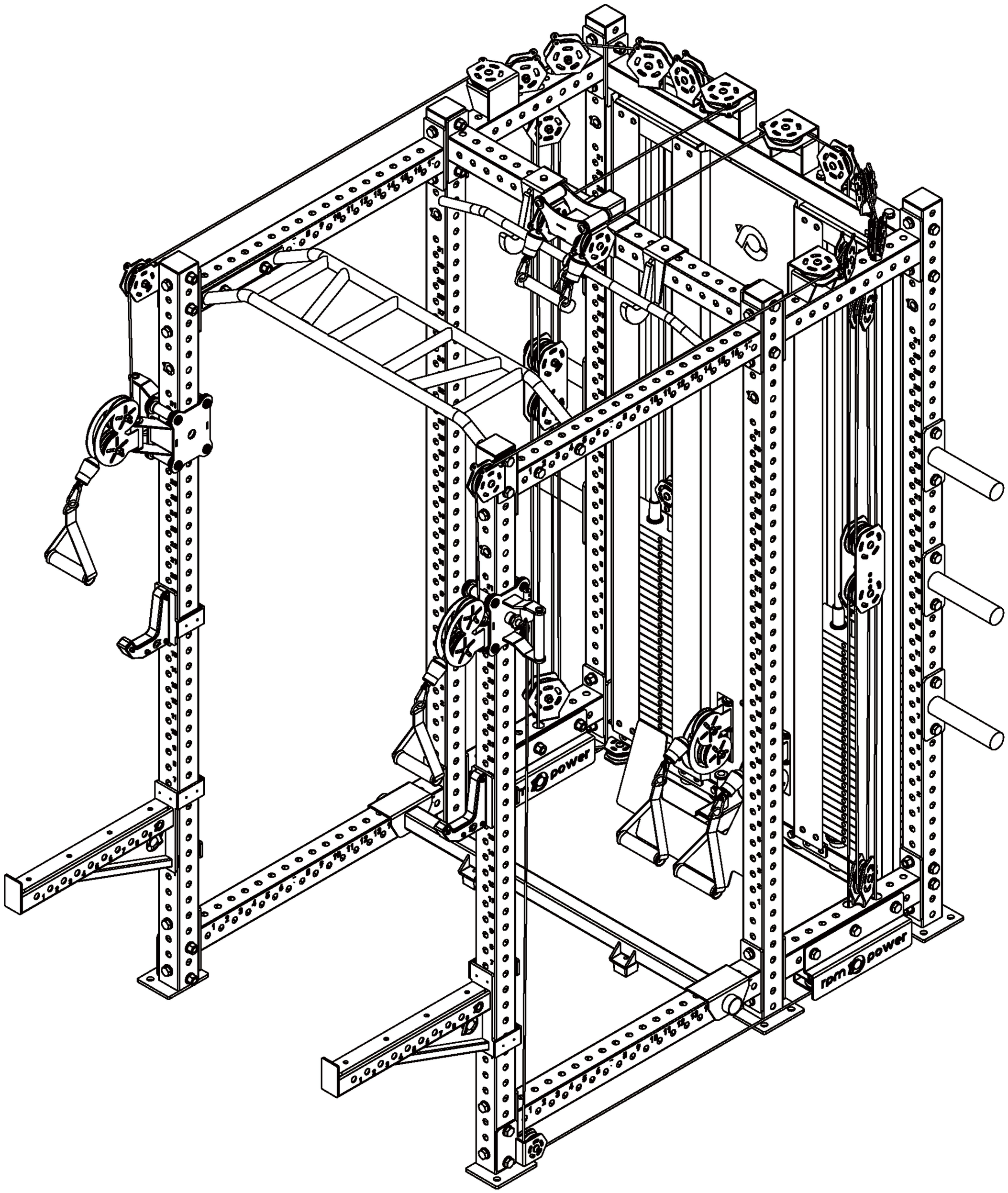
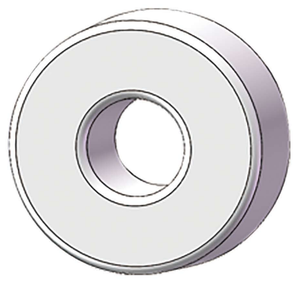
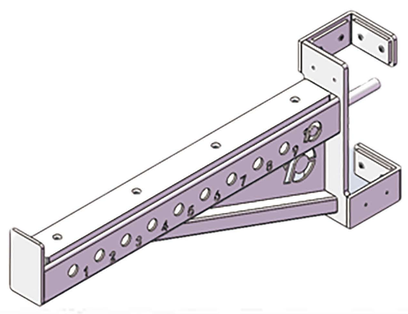
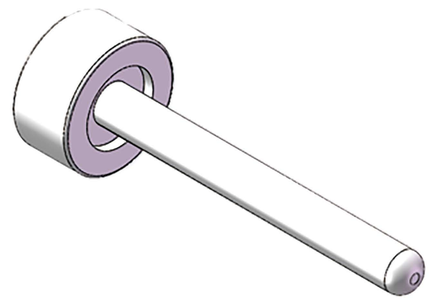
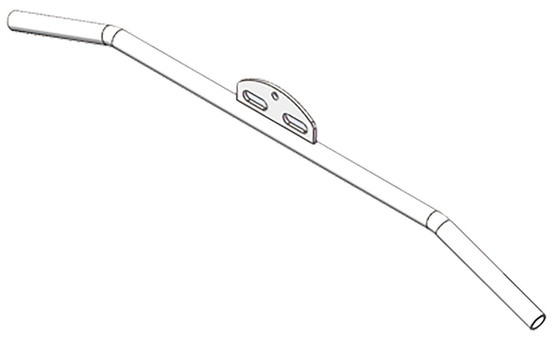
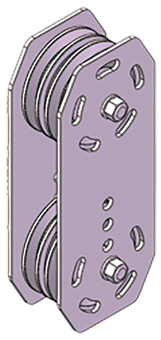
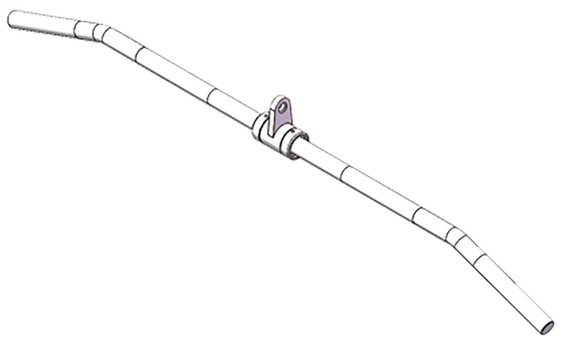
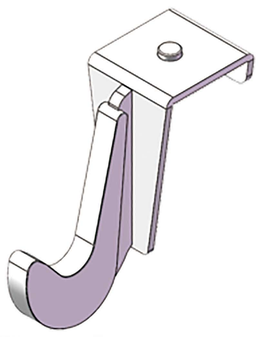
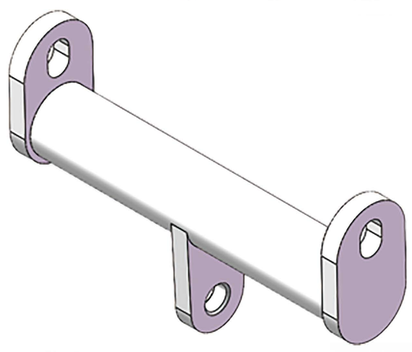
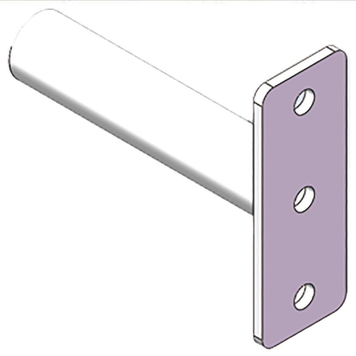
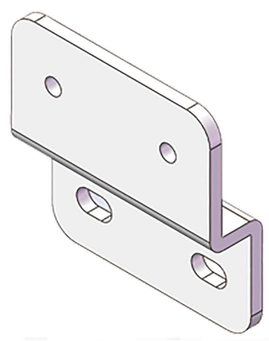
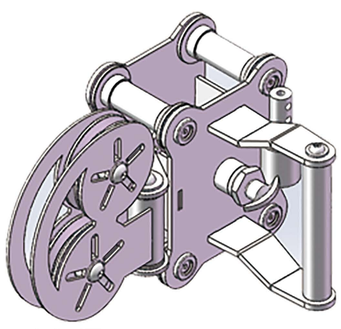
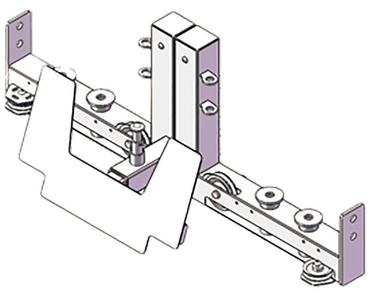
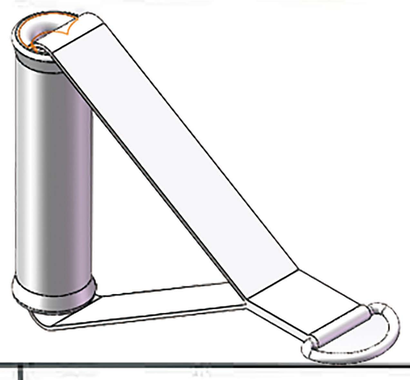
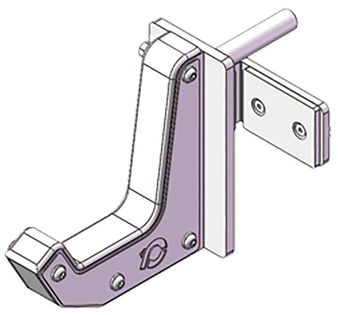
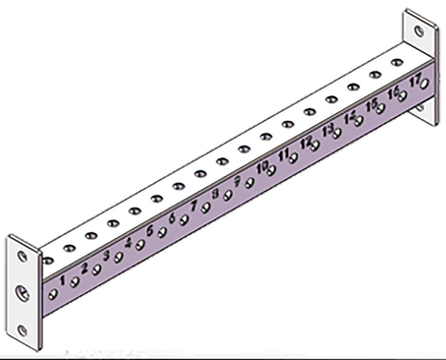
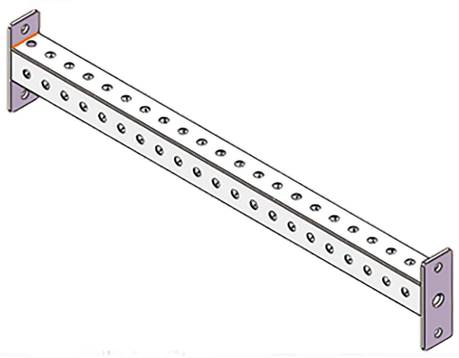
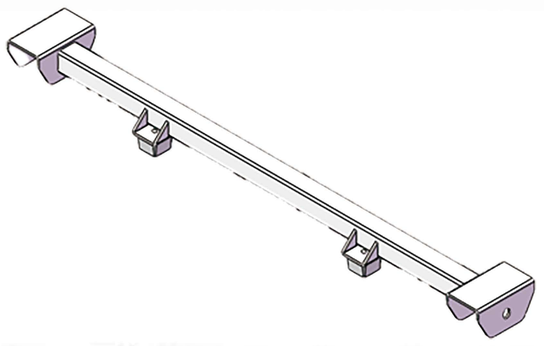
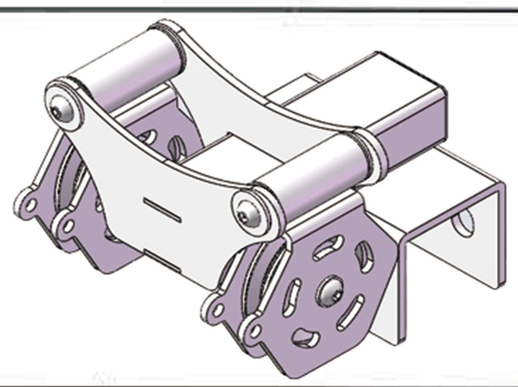
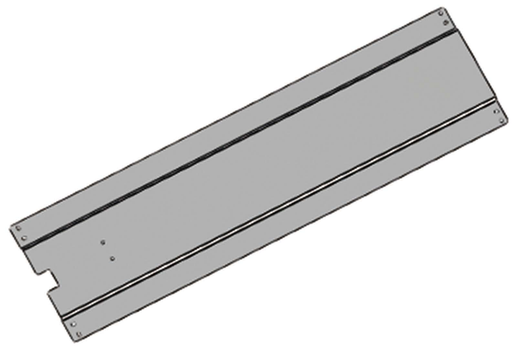
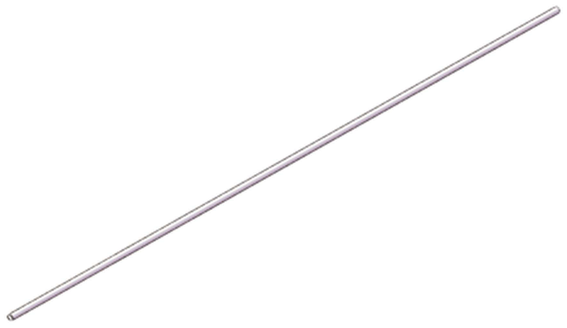
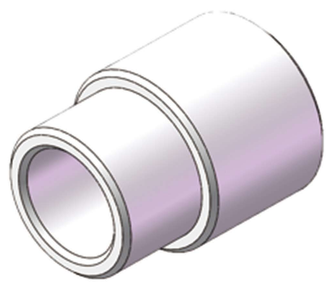
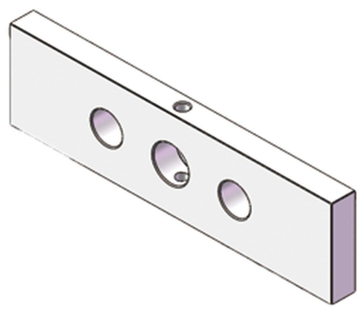
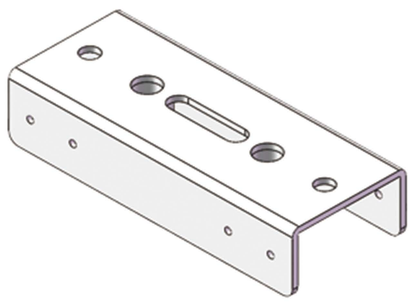
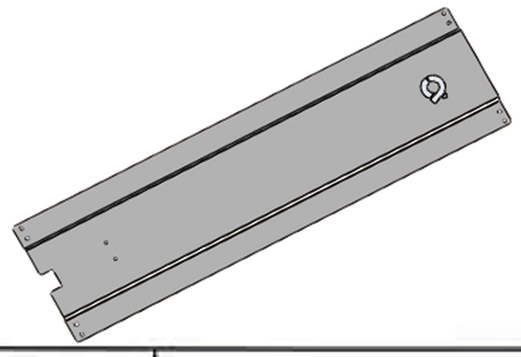
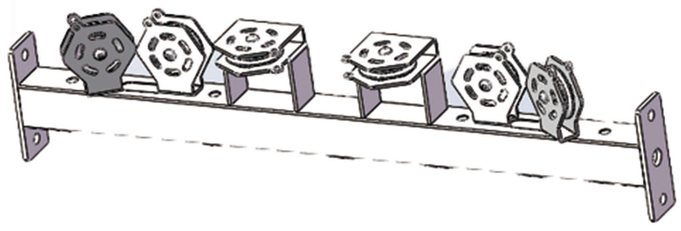
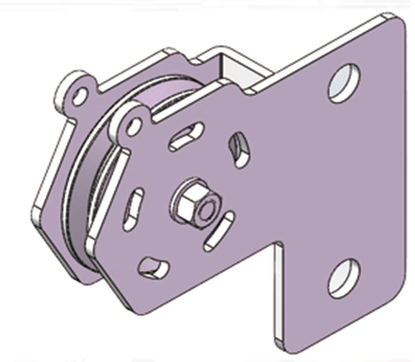
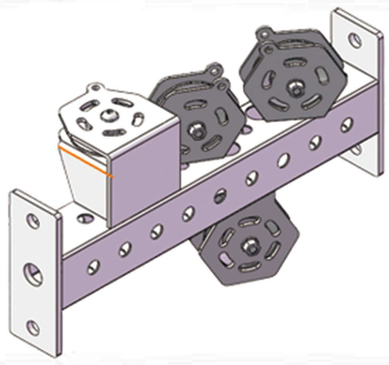
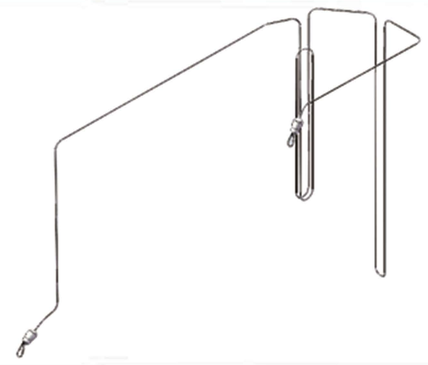
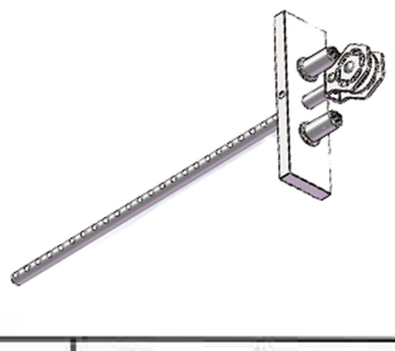
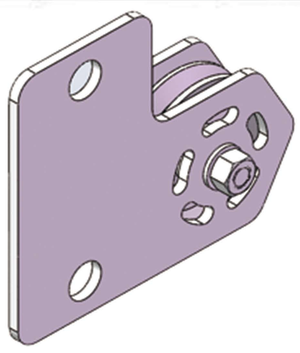
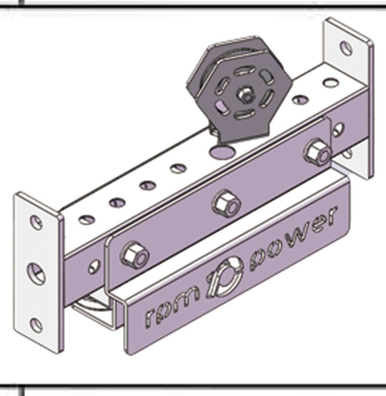
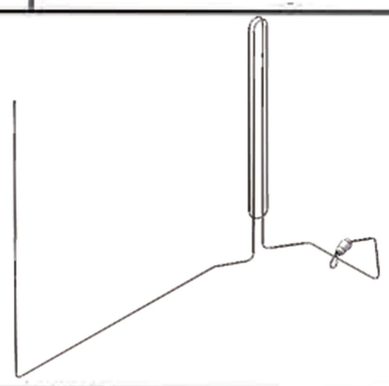
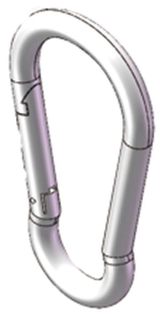
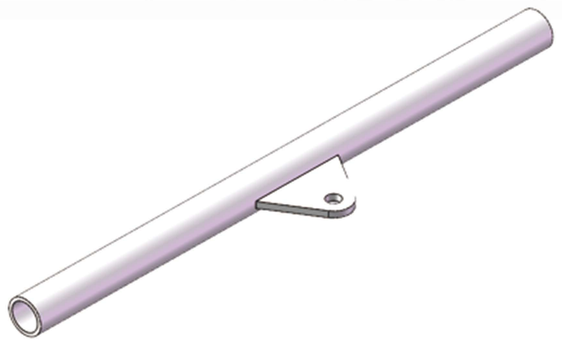
Odin Rack Manual



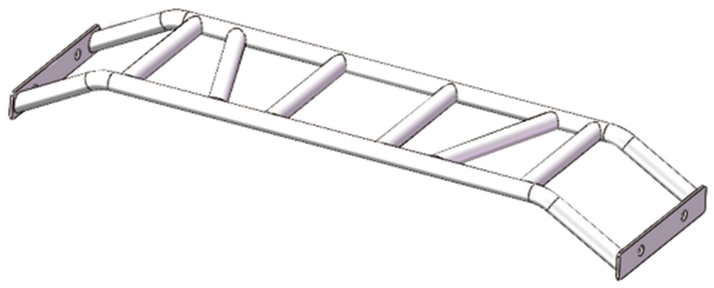
Parts Details-1

					
NO.1	20 shock-absorbing pads *4PCS	NO.2	Protective bar *a pair	NO.3	Magnetic pull pin *2PCS
					
NO.4	Pull handle *1PC	NO.5	Movable pulley *2PCS	NO.6	High pull handle *1PC
					
NO.7	High pull handle hook *2PCS	NO.8	High pull handle connection plate*1PC	NO.9	Mounting group *6PCS
					
NO.10	Guard plate fixing plate *8PCS	NO.11	Sliding sleeve *a pair	NO.12	Pedal group *1PC
					
NO.13	Pull handle*4PCS	NO.14	stand column *6PCS	NO.15	Column hook assembly *a pair
					
NO.16	Column connection group *4PCS	NO.17	The connecting pipe on the column*1PC	NO.18	Connect and fix the bar *1PC

Parts Details-2

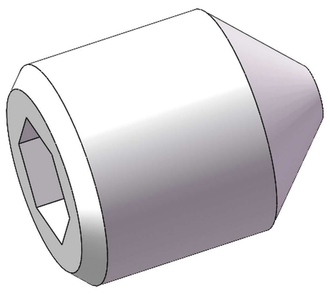
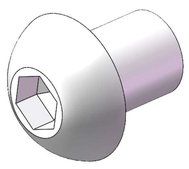
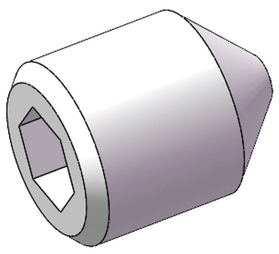
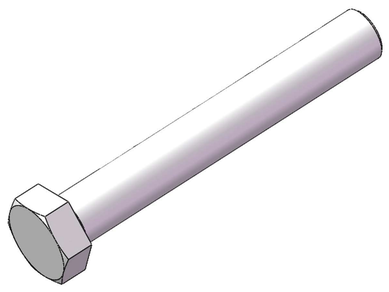
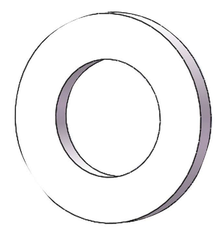
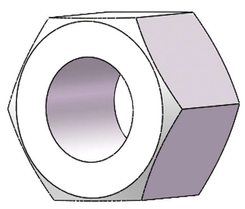
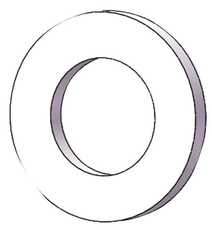
					
NO.19	Connecting pipe sliding assembly*1PC	NO.20	Counterweight side guard plate*4PCS	NO.21	Counterweight rear guard plate*1PC
					
NO.22	Counterweight slider *4PCS	NO.23	Counterweight sliding rod fixing sleeve*4PCS	NO.24	Counterweight plate *100PCS
					
NO.25	Fixed assembly of counterweight plates*2PCS	NO.26	Counterweight front guard plate*1PC	NO.27	Counterweight Upper Pulley Assembly*1PC
					
NO.28	Upper Pulley Traction Set *2PCS	NO.29	Upper pulley assembly *a pair	NO.30	Up wiring*2PCS
					
NO.31	Head Slide Group *2PCS	NO.32	Lower pulley traction-assembly*2PCS	NO.33	Lower pulley block *a pair
					
NO.34	Lower wiring *2PCS	NO.35	Small gourd hook*7PCS	NO.36	small pull handle*1PC

Parts Details-3



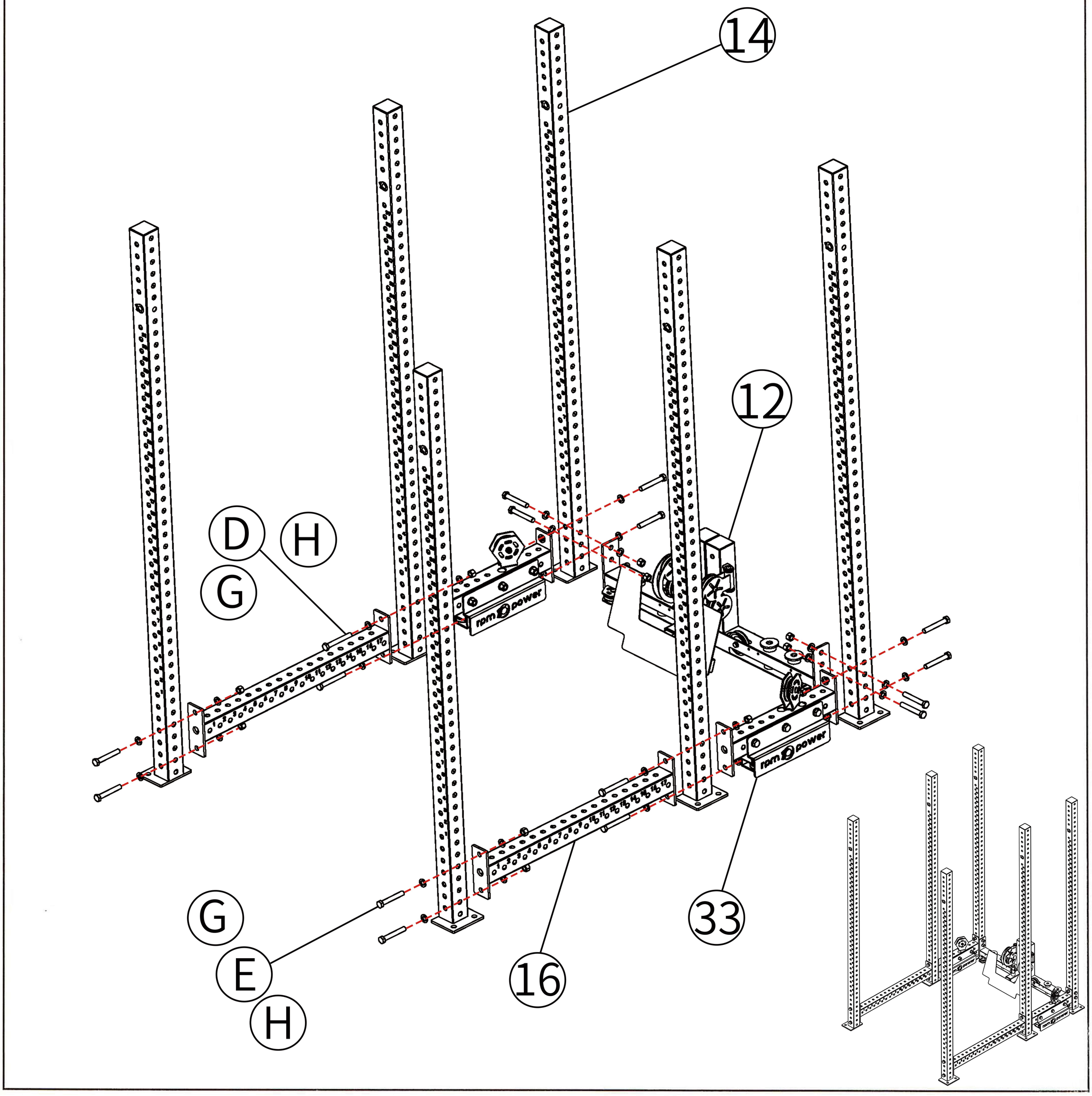
NO.37	Pull-up *1PC

Parts Details-4

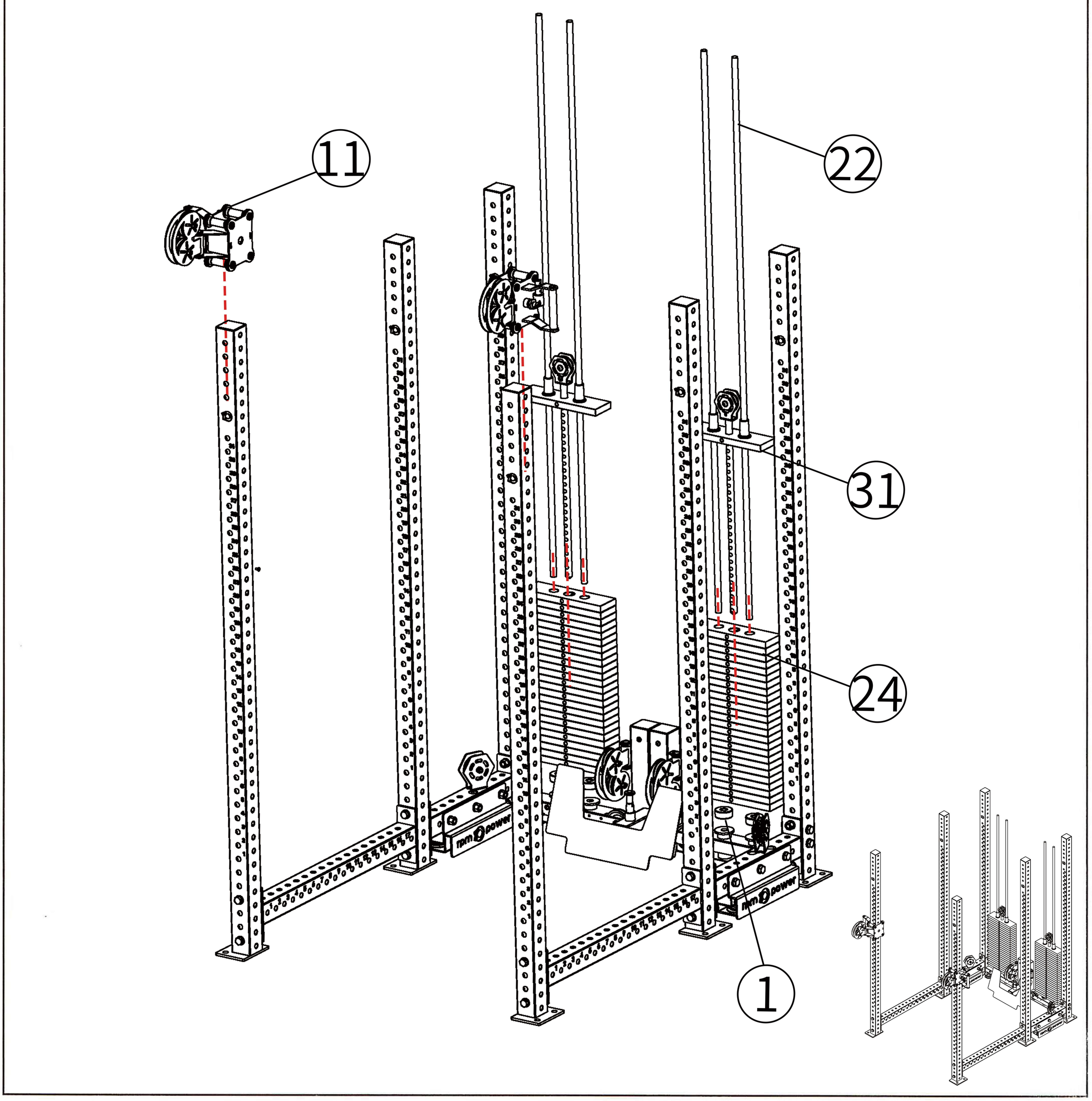
					
A	Hex Socket Set Screw (M8X6)*8PCS	B	Hex Socket Semicircular Head Screw(M8X10)*52PCS	C	Hex Socket Set Screw (M8X10)*6PCS
					
D	Hexagon socket screw (M16X120)*6PCS	E	Hexagon socket screw (M16X100)*60PCS	F	WASHER(M8)*52PCS
					
G	LOCKNUT(M16)*66PCS	H	WASHER(M16)*132PCS		

STEPS

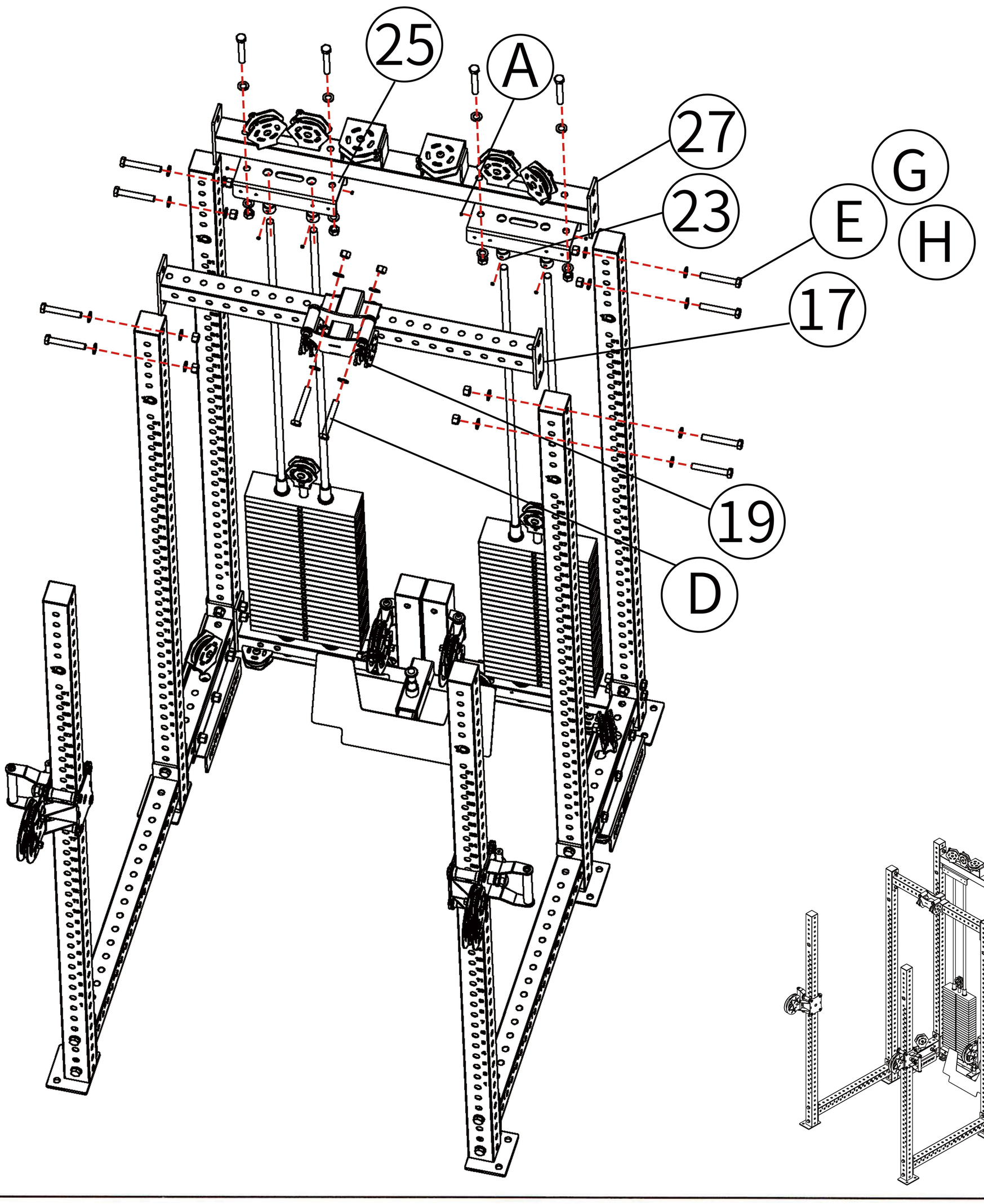
step	NO	NAME	NUM	NO	NAME	NUM
1	12	Pedal group	1	D	M16X120	4
	14	stand column	6	E	M16X100	12
	16	Column connection group	2	G	LOCKNUT(M16)	16
	33	Lower pulley block	a pair	H	WASHER(M16)	32



STEP						
STEP	NO	NAME	NUM	NO	NAME	NUM
2	1	20 shock-absorbing pads	4			
	11	Sliding sleeve	a pair			
	22	Counterweight slider	4			
	24	Counterweight plate	100			
	31	Head Slide Group	2			

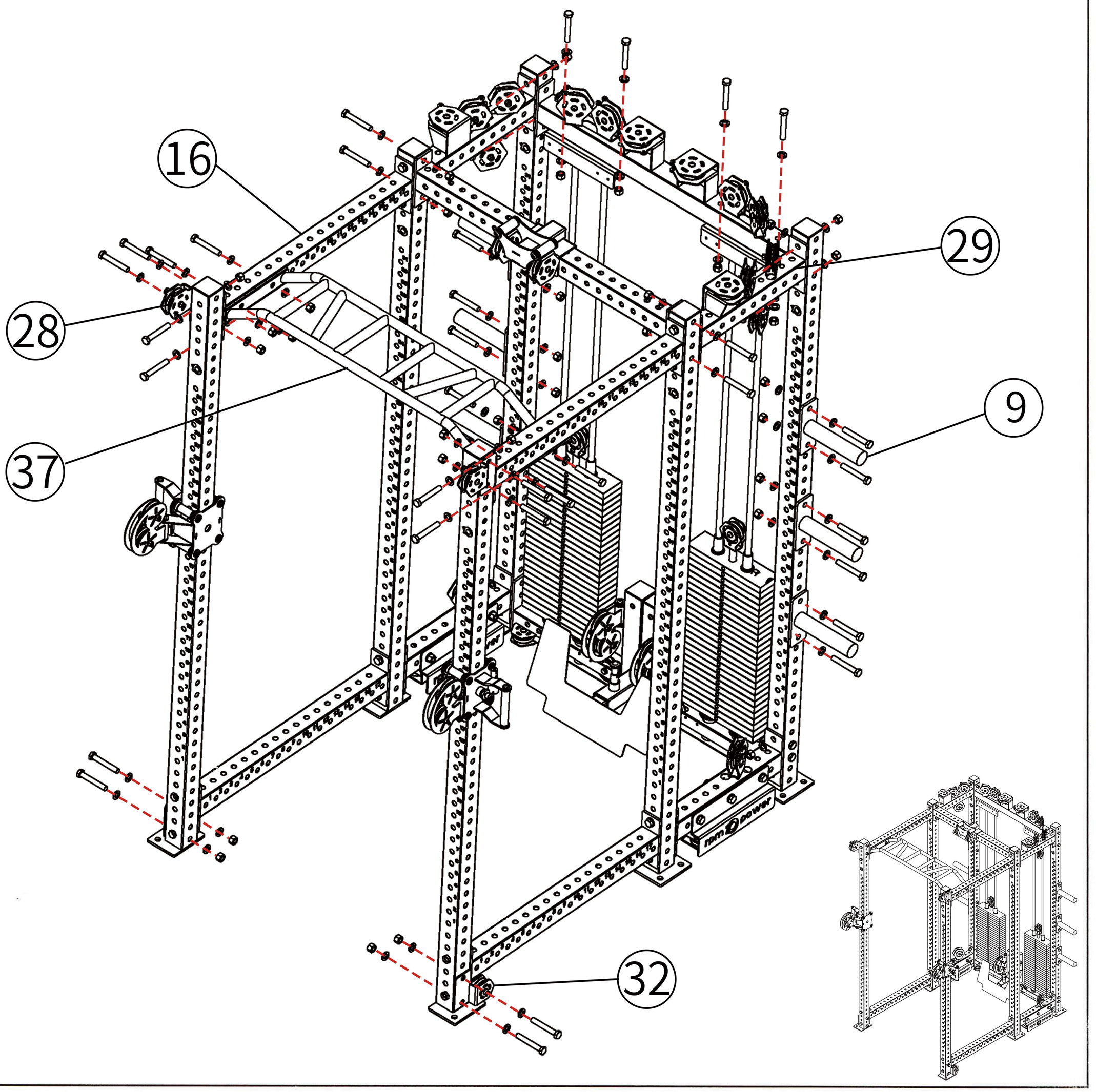


STEP						
STEP	NO	NAME	NUM	NO	NAME	NUM
3	17	The connecting pipe on the column	1	A	Hex Socket Set Screw (M8X6)	8
	19	Connecting pipe sliding assembly	1	D	M16X120	2
	23	Counterweight sliding rod fixing sleeve	4	E	M16X100	12
	25	Fixed assembly of counterweight plates	2	G	LOCKNUT(M16)	14
	27	Counterweight Upper Pulley Assembly	1	H	WASHER(M16)	28



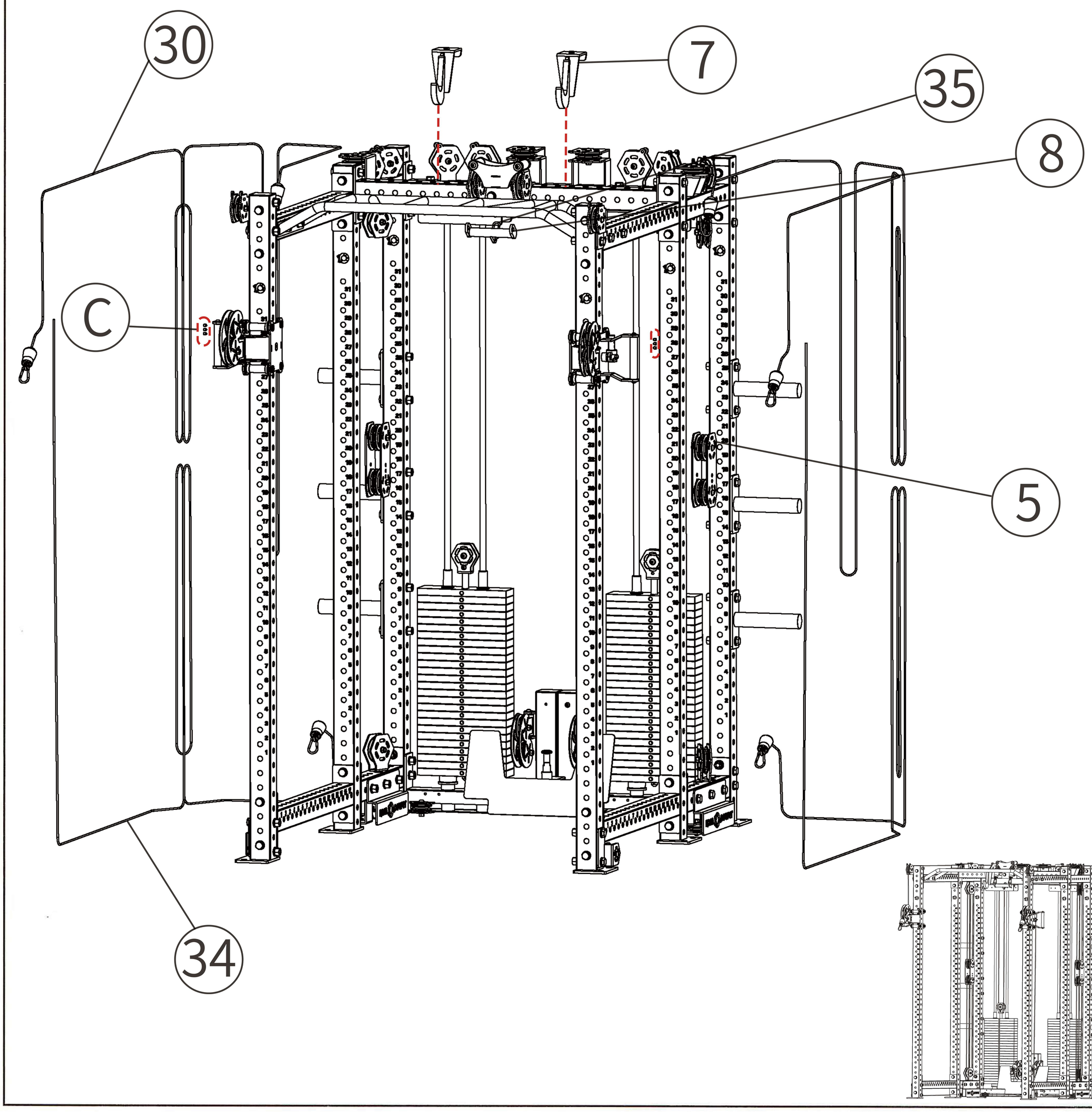
STEP

STEP	NO	NAME	NUM	NO	NAME	NUM
4	9	Mounting group	6	E	M16*100	36
	16	Column connection group	2	G	LOCKNUT(M16)	36
	28	Upper Pulley Traction Set	2	H	WASHER(M16)	72
	29	Upper pulley assembly	a pair			
	32	Lower pulley traction assembly	2			
	37	Pull-up	1			



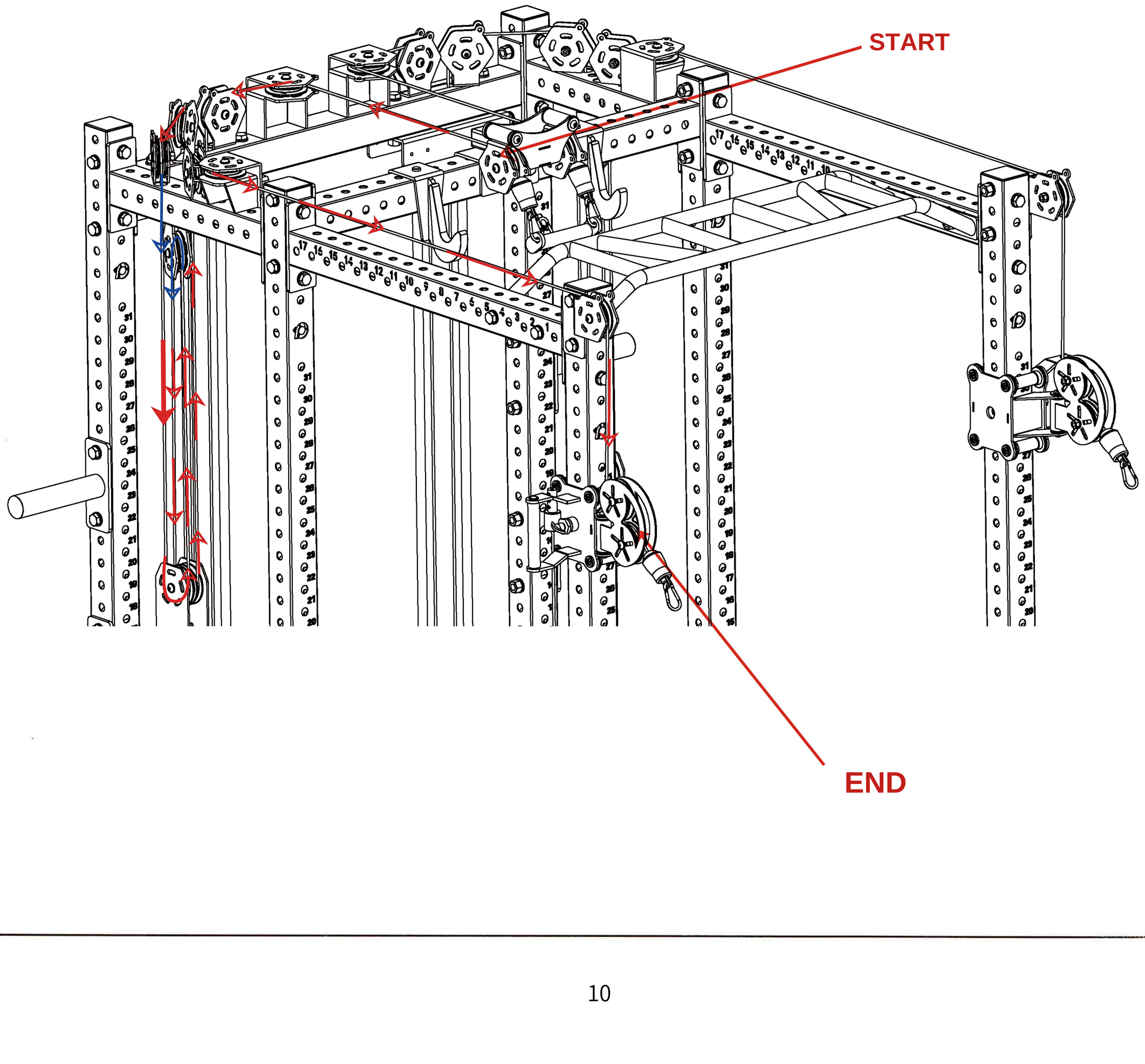
STEP

STEP	NO	NAME	NUM	NO	NAME	NUM
5	5	Movable pulley	2	C	Hex Socket Set Screw (M8X10)	6
	7	High pull handle hook	2			
	8	High pull handle comection plate	1			
	30	Up wiring	2			
	34	Lower wiring	2			
	35	Small gourd hook	1			



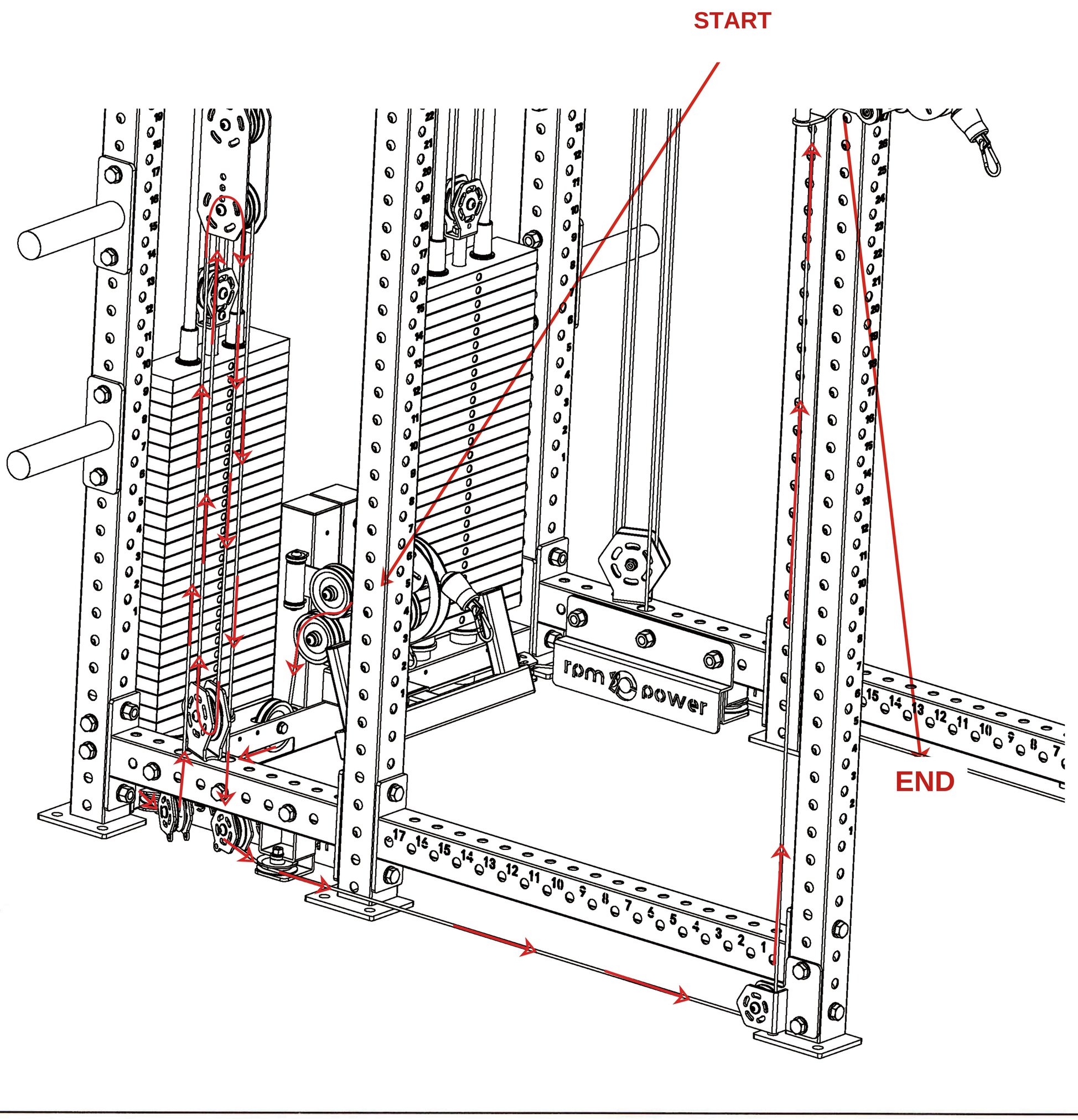
STEP						
STEP	NO	NAME	NUM	NO	NAME	NUM
5-1						

UPPER CABLE ROUTING



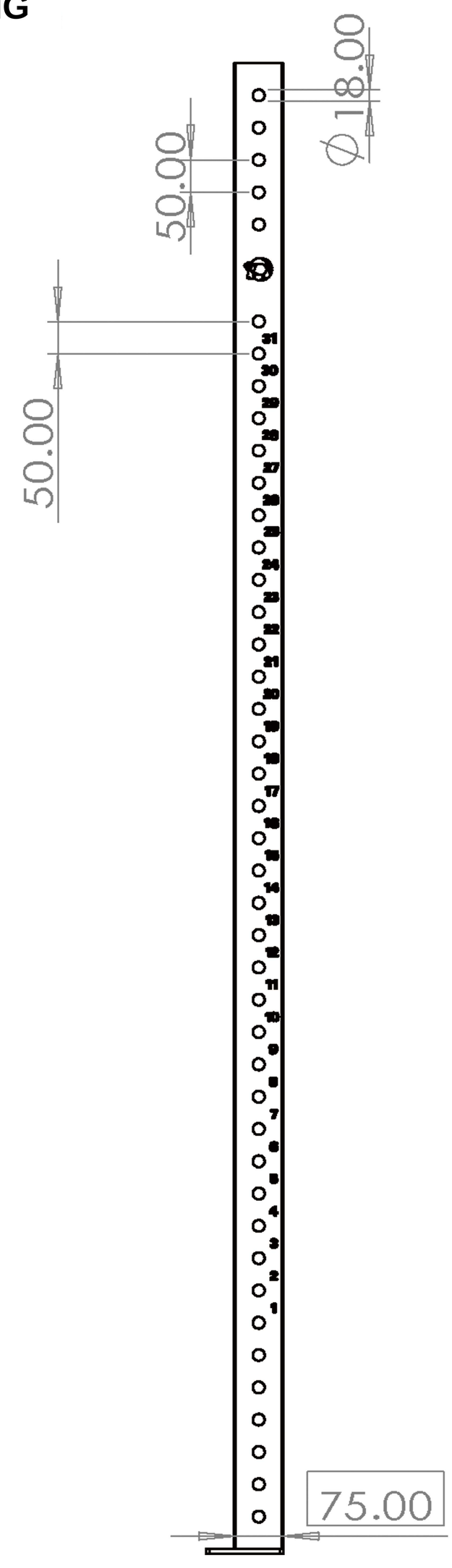
STEP						
STEP	NO	NAME	NUM	NO	NAME	NUM
5-2						

LOWER CABLE ROUTING



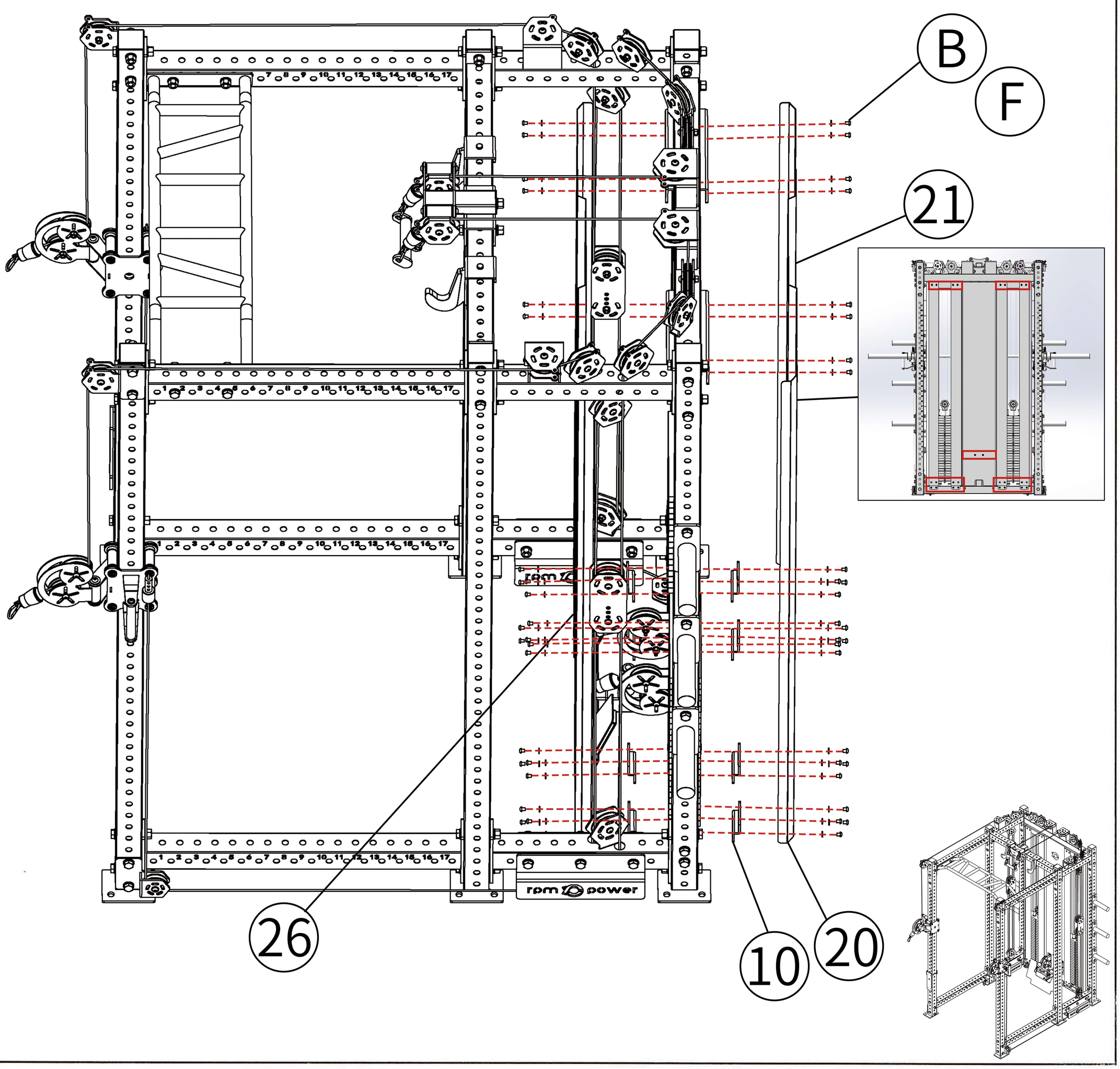
STEP						
STEP	NO	NAME	NUM	NO	NAME	NUM
5-3						

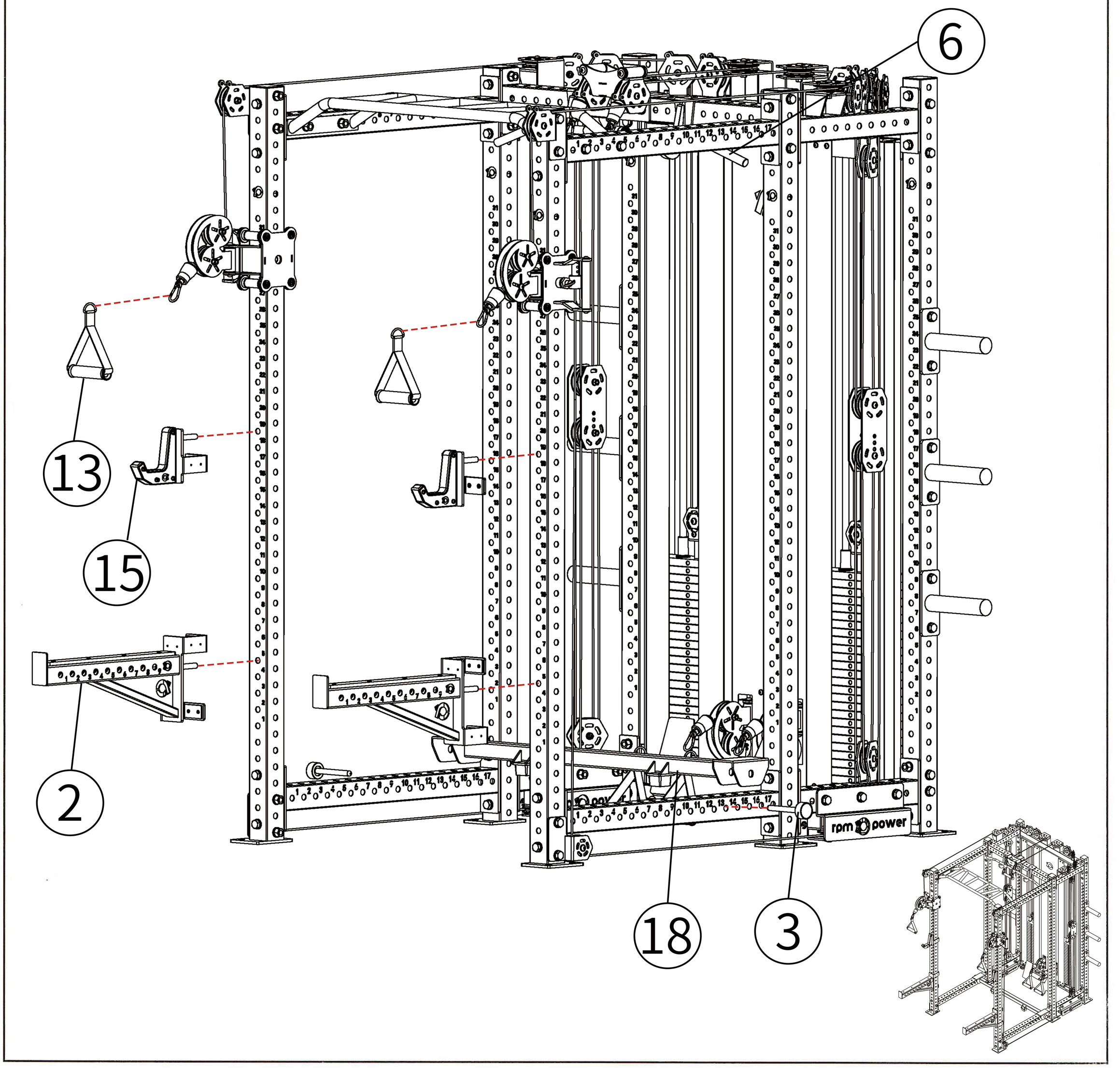
UPRIGHT HOLE DIAMETER & SPACING (MM)



STEP

STEP	NO	NAME	NUM	NO	NAME	NUM
6	10	Guard plate fixing plate	8	B	M8X10	52
	20	Counterweight side guard plate	4	F	WASHER(M8)	52
	21	Counterweight rear guard plate	1			
	26	Counterweight front guard plate	1			



STEP

STEP	NO	NAME	NUM	NO	NAME	NUM
7	2	Protective bar	2			
	3	Magnetic pull pin	2			
	6	High pull handle	1			
	13	Pull handle	2			
	15	Column hook assembly	2			
	18	Connect and fix the bar	1